

Welcome to the beginning of the 2011-12 school year. I hope everyone had an enjoyable summer and that our students, parents, and staff are ready to start another exciting year. Attendance and family support are two of the most important components of a successful, rewarding education. Please help ensure that your child is here every day and on time. Also, make use of the new computerized home access center to keep track of your child's grades. You will need to present your driver's license to Mrs. Cox in the main office in order to obtain directions for accessing grades and your personal identification number (PIN).

Communication is a vital key to your child's academic success. We encourage you to schedule a conference with teachers. Conference week is Nov. 7-10, and a sign-up sheet for conferences will be available during Open House. You are welcome to schedule a conference anytime before November if you would like. You may do this by contacting your child's teachers via email or by calling during their planning times:

6th-grade core teachers: 9:50-10:40

7th-grade core teachers: 12:05-12:55

8th-grade core teachers: 8:05-8:55

Encore teachers: call the office at 523-2100 to contact these teachers

Special education teachers:

Mrs. Dishman: 9:50-10:40

Mrs. Lambeth: both semesters: 12:10-12:50

Visit the Pleasant View website at <http://sps.k12.mo.us/pvms/> for email addresses for each staff member.

The middle-school counselor is Stacy Johannsen and the assistant principal is Kelly Jacobs. Please feel free to contact us if we can be of assistance.

We have some new faces on the staff for this school year:

- Kassie Dishman is teaching special education classes and is coaching volleyball. Mrs. Dishman taught most recently at Hillcrest High School.
 - Jessica Trent is teaching 7th-grade math and is coaching track. Mrs. Trent taught most recently at Carver Middle School.
- Some returning staff members will be in new roles this year:
- Cathy Miller is moving from 7th-grade communication arts to 8th-grade social studies.
 - Mary Skelton will continue to teach 8th-grade Spanish, but also will take on the role as our 6th-grade communication arts teacher.
 - Sarah Stephenson is moving from 6th-grade communication arts to 7th-grade communication art.

Last year was the first year for full implementation of the Performance Series Assessment. This on-line assessment is closely aligned to Missouri Department of Elementary and Secondary education grade-level expectations for communication arts and mathematics. Students take the assessment at the beginning, middle, and end of the year. These assessments yield data that help teachers guide student learning in areas where a need for improvement is indicated.

Please make note of important dates listed on the district calendar that is included in this mailing.

The mission, vision, and collective commitments that guide our school are listed below:

Mission: The Pleasant View Mission is to create a learning environment that promotes the academic, physical, and social development of students. "Promote Learning ... Expect Success."

Vision: Our vision for Pleasant View is to become a recognized exemplary school where students learn at high levels in a cooperative and positive environment.

Collective Commitments:

We will:

1. be committed to ongoing professional development to improve our educational strategies.
2. model and promote open and effective communication and collaboration with stakeholders to meet the needs of all students.
3. implement strategies that include cooperation and effectively address different learning styles.
4. promote positive character development by teaching, modeling, and reinforcing appropriate behavior.
5. seek opportunities to encourage active support from the Pleasant View community.
6. expect a high level of achievement from each student.

Sincerely,

Julie Steiger, Ed. D.
Principal

SIXTH GRADE ORIENTATION

TUESDAY, AUGUST 9, 2011

6:00-7:30 P.M.

Lockers will be assigned and schedules will be passed out at orientation. Please complete the forms included in this mailing and bring them with you when you come to orientation on August 9th. You **MUST** turn them in to receive your schedule. Students are welcome to bring their school supplies with them and put them in their lockers at this time.

7TH and 8TH GRADE STUDENTS

may pick up their schedules:

August 18, 19, 22, 23, 24

between the hours of: 7:00 a.m.—3:00 p.m.

Lockers will be assigned when schedules are passed out. Please complete the forms included in this mailing and bring them with you when you come to pick up your schedule. You **MUST** turn them in to receive your schedule. Students are welcome to bring their school supplies and put them in their lockers at that time.

Daily Attendance

We know it is sometimes necessary for a student to be absent from school. Parents are requested, on those occasions, to inform the office by phone prior to 8:30 a.m. of their child's absence. The school phone number is **523-2301**. Students should remember to ask teachers for makeup work when they return to school. If the student is absent for three or more days, you may request homework by calling the school office. Students who arrive at school after 8:00 a.m. are considered "tardy" and should report to the office.

Tardies to School and Class

School starts each day at 8:00 a.m. Students are expected to be prompt to school and each class. If a student is late to school or an individual class, they will be given a tardy. On the 6th tardy a lunch detention will be assigned. On the 7th and 8th tardies two lunch detentions will be assigned. On the 9th tardy ISS will be assigned. Students will start with a clean slate each quarter.

Athletic Information

Seventh and eighth grade students are eligible to participate in athletic events. Before an athlete is allowed to practice **(1)** A physical form including: doctor's signature, insurance verification, and the signature of the parent must be on file in the Principal's Office before a student is allowed to practice **(2)** A signed copy of the citizenship card must be on file in the office, and **(3)** An athletic participation card must be purchased from the school secretary before an athlete can participate in a game. The cost of this card is **\$50.00**.

The athletic participation card, which must have a current photograph attached, will admit the student to any regular 2011-2012 Springfield Public School athletic event held in Springfield. If you plan to participate in any sport during the school year, you should purchase your participation fee card early to take advantage of all sports activities. Directions regarding refunds are printed on the reverse side of each participation card.

Athletic Event/Sport Cards

The \$50 participation card is to be purchased by students that participate in an athletic event/sport. It is a one-time per year fee regardless of the number of sports that a student participates in. This card will get the student into any Springfield Schools Athletic sponsored event/game regardless of who is playing—as long as it is at an SPS location. This pass will not work at MSHSAA events/games or games sponsored by outside agencies.

The \$5 middle school student activity card will get elementary and middle school students into their school games and their feeder high school (Hillcrest) games. This card should be purchased by students watching the athletic event/sport not participating in them. This pass will not be accepted at the middle school tournaments (basketball and volleyball).

The \$15 middle school adult card will only get the card holder into their middle school games and will not admit the card holder into high school games. This pass will not be accepted at the middle school tournaments (basketball and volleyball).

Backpacks, Book Bags, and Lockers

Due to the size of some classes and our facility concerns, students will be asked to store their backpacks or book bags in their hall lockers during the day. Since these bags come in a variety of sizes and our lockers are small, you may want to purchase a more moderate size bag.

Band Notes

Before we begin tooting our instruments again, it would be a great idea to take them to the repair shop for a checkup! Instruments last a lot longer and play much more successfully if they receive professional maintenance at least once a year. If you have any questions regarding band this coming year, please contact Mrs. Wootton at cwootton@spsmail.org.

Bus Transportation

The Transportation Office has a list of all Pleasant View Middle School students and their addresses. If you have any questions, please contact the Transportation Office at 523-0500.

Eligibility Requirements

To be eligible to participate in student activities, students must meet minimum requirements in the areas of attendance, citizenship, and scholastic achievement. Academic work is the most important reason for being in school. We stress the fact that school work comes FIRST and other activities are complimenting the academic program. Any student who is making 2 or more "F" grades at mid-quarter or on the end of quarter grade card will be on Academic Probation for approximately 4 weeks. A student on Academic Probation will not be allowed to participate in activities during this 4-week period.

REMINDER

For the safety and security of our students, any time a student is checked out of school early they must be signed out in the office by a parent/guardian. If a parent/guardian is not the one picking the student up, a note from the parent/guardian stating the name of the person picking the student up is required. Also, any person picking up a student must show I.D. This procedure will be strictly enforced.

Handbook

It is important that you and your student read the Pleasant View Middle School Student Assignment/Handbook that he/she will bring home the first week of school.

Home Access Center

Parents have the opportunity to check student's grades, discipline, attendance and other information online through the use of a pin number. Parents may obtain a pin number by showing a photo ID in the office.

Lunch Applications

This year Springfield Public Schools will be using a family lunch application. The application will be mailed to your home. Please fill out the form and mail it back in the envelope provided. Even if you do not plan to use the service, our district receives funding based on eligibility numbers.

Lunch and Breakfast

Hot lunch will be \$2.50 for middle school students. Students who bring their lunch may purchase milk in the cafeteria for .40 cents. Breakfast will be \$1.10 this year and is served from 7:40 - 7:55 a.m.

Medication

Prescription and Non-Prescription medication to be taken at school must be delivered and picked up by parent/guardian. Medication must be in the current prescription bottle or original container. A medication permit and administration form must be completed and signed by parent/guardian. The first dose of any medicine will not be given at school. Over-the-counter medications may be given at school for a period of (3) three days with permission form signed by parent/guardian and must be in original container. Administration for more than (3) three days requires a written standing order from a doctor or authorized prescriber for the individual student, which can be faxed to the school. Any remaining medication must be picked up by a parent or designated adult within one week after the final date on the medication form. Medication will not be sent home with students.

Messages for Students

To minimize classroom interruptions and to assure that your child gets your message we request that you do not call the school office to leave a message for your student after 2:00 p.m. After that time we can not guarantee that the message can be delivered.

Middle School PTSA

We encourage you to join the Pleasant View PTSA. If you would like to serve on a committee or volunteer in any way, please call Tiffany Baker at 459-6490.

Opening Day

School opens for the 2011-2012 school year at **8:00 a.m.** on Thursday, August 25. School will be in session all day on August 25. School dismisses at **2:45 p.m.** Students should not arrive at Pleasant View prior to 7:30 a.m. Students should report to the gym if they arrive before 7:45 a.m. At 7:45 a.m., students will be dismissed to their first period class.

Physical Education Class

Proper dress for physical education classes is:

- PLAIN blue, gray or black shorts. Shorts must be worn loose; they should not be spandex or tight fitting.
 - PLAIN white, gray or blue shirt. Shirt should be long enough to tuck in. The shirt should be plain with no writing on it.
- OR -
- The P.E. Department will be selling Pleasant View P.E. shirts and shorts for P.E. class. The purchase of these items is optional.

We urge you to place the student's name on all garments including shoes. Please assist us in stressing the importance of locking personal items in the gym locker during physical education class.

SIXTH GRADE MIXER
August 26, 2011
3:00-5:00 p.m.
At Pleasant View in the All Purpose Room
Sponsored by PTSA

PARENT-TEACHER CONFERENCE WEEK
November 7 - November 10
Sign-up sheets to schedule your
conference time will be available during
Open House
September 22, 2011
Be watching for more information!

Teacher/Parent Conferences

Parents are encouraged to become familiar with the curriculum and teachers. In middle school, your child will be taught by an "interdisciplinary team" of teachers. Parent/Teacher conferences will be scheduled with your child's interdisciplinary team. If you would like a conference with an individual teacher, please remember that each teacher has time before and after school available for conferences. Interdisciplinary team conferences may be scheduled during the team's common planning/resource time, before school, or after school.

Visitors to the School

All individuals not employed by the Springfield School District and assigned to Pleasant View or not enrolled as a student are considered visitors. During the school day, **ALL VISITORS MUST REPORT TO THE OFFICE**. This regulation is to ensure the safety and security of all students by allowing staff to monitor those visiting at Pleasant View School. We encourage parents to visit the school and the classrooms.

7th and 8th Grade Football - Coach Turner and Coach Wood

- Pleasant View Middle School Football Camp begins Monday, August 8th -Wednesday, August 24th 8:00am - 10:00am. Camp & practices are on weekdays only. **No one will be allowed to start practice without a physical beginning August 8th! These may be turned in to the office prior to August 8th, or given to the coaches on the first day of camp.**
- The first day of school is August 25th. Practice will start after school at this time. Practice will end each day at approximately 5:00 p.m.
- Two unexcused absences from practice (starting August 10th) will result in dismissal from the team. Unexcused means missing practice without notifying the coaching staff prior to the absence.

Your son **will not** be able to play in any football games if they have an F in a class. They will be required to bring homework to practice and do it there until they have caught up. If they finish, then and only then, will they be allowed to come back and practice.

Please make sure to pick up your child within ½ hour after the ending practice time or have a ride secured for them. The coaching staff is looking forward to the 2011 season. If you have any questions please contact Gary L. Turner 860-8947.

7th and 8th Grade Girls' Basketball - Coach Collier and Coach Huett

- The first day of tryouts will be Monday, August 15th from 9:00-11:00 a.m. Teams will be announced on Wednesday the 17th.
- No one will be allowed to start practice without a physical and proof of insurance.

If you have any questions please contact Coach Collier at hcollier@spsmail.org.



SPORT PHYSICAL FORMS

Are Available In The School Office
Or On The PV Website At
<http://sps.k12.mo.us/pvms/>



ATTENTION BOYS' SOCCER PLAYERS

If you are interested in playing soccer contact:
Lake Country Soccer
862-3211



Physicals, citizenship cards, proof of insurance, and parental permission are required **before** an athlete can practice or participate in a camp. Participation fee cards must be purchased **before** an athlete can participate in a game.



MIDDLE SCHOOL OPEN HOUSE September 22, 2011

Be watching for more information!

We encourage you to allow your child to ride the bus (if eligible) to school on the first day. By allowing your child to ride the bus to school, they will know which bus to ride home. If your child does not ride the bus to school on the first day, please be sure he/she knows the bus number of the bus he/she is to ride home on.



Middle School Picture Day

October 4

Beginning at
8:00 a.m.



PLEASANT VIEW MIDDLE SCHOOL -- SIXTH GRADE SUPPLY LIST 2011-2012

CORE SUBJECTS

Trapper keeper - binder to keep all supplies in
Loose-leaf paper for binder - one pkg.
1 one-inch clear view 3-ring binder (English)
1 pkg. of 8 dividers (English)
1 composition book (English)
4 three-prong, two-pocket folders (math, science, social studies, reading)
2 spiral notebooks (math and science)
Colored pencils (social studies and science)
Pencil pouch
Sharpened pencils
Pens
Glue stick
1 pencil sharpener with cover
2 or more boxes of tissues - give to homeroom teacher
1 pkg. 3 x 5 lined index cards - give to homeroom teacher
White Out will **not** be allowed at school

ART

4 #2 pencils - No mechanical pencils
2 Pink Pearl erasers

BAND

10 pencils
1 box of tissues
1 one-inch 3-ring binder with clear view front pocket and sheet protectors

CHOIR and GENERAL MUSIC

1/2-inch 3-ring binder
Pencils
2 boxes of tissues
Loose-leaf notebook paper to go in binder
4 AA batteries for keyboard unit (General Music Classes only)

ORCHESTRA

1 one-inch 3-ring black binder with pockets
30 sheet protectors for binder
2 pencils
1 box of tissues

- *All supplies should be brought to school on the first day. Some classes may require additional items. If so, students will be informed.
**Students are expected to use their lockers for books, coats, and book bags. The District requests students not bring book bags to class.
***Suggested item—mini flash drive for USB port to save work from the computer. School computers no longer have floppy disk drives.

PLEASANT VIEW MIDDLE SCHOOL -- SEVENTH GRADE SUPPLY LIST 2011-2012

GENERAL SUPPLIES

2 sharpened pencils and erasers
Blue or black ink pen
Notebook paper (not spiral)

Grading/editing pen or pencil (red only)
Sharpened color pencils
2 boxes of tissues for 1st period class

- A small case of some kind is recommended to keep together all pencils, pens, calculator, etc.
-A large notebook to keep other notebooks and folders together; one which zips or uses Velcro is recommended
-Portable pencil sharpener with plastic cover
-Mini flash drive for USB port to save work from computer. May be used in all classes. School computers no longer have floppy disk drives.

LANGUAGE ARTS

1 clear view white 1-1/2-inch 3-ring binder
1 pkg. of 6 dividers
1 two-pocket folder

SOCIAL STUDIES

2 two-pocket folders

HEALTH

1 two-pocket folder
1 spiral notebook

SCIENCE

1 one-inch 3-ring binder with 5 dividers
1 pkg. colored pencils
Highlighter

MATHEMATICS

1 three-prong, two-pocket folder
Spiral notebook
One 1-1/2-inch 3-ring binder
1 dry erase marker
An inexpensive calculator which does fraction functions
(TI30 or TI32 or TI34II)

READING

1 two-pocket folder
Post-it pad

ART

2 Pink Pearl erasers
4 #2 pencils—No mechanical pencils

BAND

10 pencils
1 box of tissues
1 one-inch 3-ring binder with clear view front pocket and sheet protectors

CHOIR and GENERAL MUSIC

1/2-inch 3-ring binder
Pencils
2 boxes of tissues
Loose-leaf notebook paper to go in binder
4 AA batteries for keyboard unit (General Music Classes Only)

ORCHESTRA

1 one-inch 3-ring black binder with pockets
30 sheet protectors for binder
2 pencils
1 box of tissues

*No book bags or backpacks are allowed in the classroom during school hours.

**All large supplies should be marked permanently with the student's name.

***Students will need to have additional supplies at home in order to complete homework and projects: ruler, protractor, compass, scissors, and glue or glue stick.

PLEASANT VIEW MIDDLE SCHOOL -- EIGHTH GRADE SUPPLY LIST 2011-2012

NO TRAPPERS WILL BE ALLOWED IN EIGHTH GRADE CLASSES. All eighth grade classes have computer tables. Desk space is minimal. Students may use one of the 1 inch binders listed below to transport work from school to home and back.

CORE SUBJECTS

1 Mini flash drive for USB port to save work from computer.

Headphones

1 pkg. 12 colored pencils

2 one-inch 3-ring binders

1 pkg. dividers

3 highlighters

1 four-pkg. Expo chisel dry erase markers

2 large glue sticks

1 pocket pouch for supplies

1 large pencil eraser

2 boxes of tissues

4 two-pocket plastic folders

1 roll of paper towels

1 pkg. of 100 index cards

2 200 count pkgs. of loose-leaf notebook paper

2 12 count pkgs. of #2 pencils

2 12 count pkgs. of ink pens

SPANISH

1 three-ring binder

1 pkg. of dividers

2 packs of index cards

Pencils and pens

Loose-leaf paper (to go in the 3-ring binder)

ART

4 #2 pencils - No mechanical pencils

2 Pink Pearl erasers

BAND

10 pencils

1 box of tissues

1 pkg. of clear sheet protectors

Optional: metronome, tuner (found at any music store or online)

CHOIR and GENERAL MUSIC

1/2-inch 3-ring binder

Pencils

2 boxes of tissues

Loose-leaf notebook paper to go in binder

4 AA batteries for keyboard unit (General Music Classes Only)

ORCHESTRA

1 one-inch 3-ring black binder with pockets

30 sheet protectors for binder

2 pencils

1 box of tissues

SPRINGFIELD PUBLIC SCHOOLS 2011-2012 Calendar

- Students Out All Day
- Early Release for Students
- Students & Teachers Out
- School System Closed

	S	M	T	W	T	F	S				
JULY	3	4	5	6	7	8	9	July	4, 2011	Fourth of July Holiday (School System Closed)	
	10	11	12	13	14	15	16				
	17	18	19	20	21	22	23				
	24	25	26	27	28	29	30				
	31										
AUGUST	1	2	3	4	5	6		August	22, 2011	District Curriculum/Site Professional Learning/Work Day	
	7	8	9	10	11	12	13				
	14	15	16	17	18	19	20	August	23-24, 2011	Genesis Days	
	21	22	23	24	25	26	27				
	28	29	30	31				August	25, 2011	First Day for Students	5
SEPTEMBER	1	2	3					September	5, 2011	Labor Day (School System Closed)	
	4	5	6	7	8	9	10				
	11	12	13	14	15	16	17	September	23, 2011	K-5 District Curriculum/Professional Learning/Work Day (Students Out All Day)	
	18	19	20	21	22	23	24				
	25	26	27	28	29	30		September	26, 2011	Mid First Quarter	20
OCTOBER	1	2	3	4	5	6	7	October	25, 2011	End of First Quarter (42 Days)	
	8	9	10	11	12	13	14				
	15	16	17	18	19	20	21	October	26, 2011	Professional Learning/Work Day (Students Out All Day)	
	22	23	24	25	26	27	28				
	29	30	31					October	27, 2011	Second Quarter Begins	20
NOVEMBER	1	2	3	4	5	6	7	November	11, 2011	Parent-Teacher Conference Day (Students Out All Day)	
	8	9	10	11	12	13	14				
	15	16	17	18	19	20	21	November	23, 2011	Professional Learning/Work Half-Day AM (Students Out All Day)	
	22	23	24	25	26	27	28				
	29	30						November	24-25, 2011	Thanksgiving Vacation (School System Closed)	18
DECEMBER	1	2	3	4	5	6	7	December	1, 2011	Mid Second Quarter	
	8	9	10	11	12	13	14				
	15	16	17	18	19	20	21	December	9, 2011	6-12 District Curriculum/Professional Learning/Work Day (Students Out All Day)	
	22	23	24	25	26	27	28				
	29	30	31					December	23-30, 2011	Winter Vacation	15
JANUARY	1	2	3	4	5	6	7	January	2, 2012	Winter Vacation Continues	
	8	9	10	11	12	13	14				
	15	16	17	18	19	20	21	January	3, 2012	Classes Resume	
	22	23	24	25	26	27	28				
	29	30	31					January	12, 2012	End of Second Quarter (44 Days)	
								January	12, 2012	End of First Semester (86 Days)	
								January	13, 2012	Professional Learning/Work Day (Students Out All Day)	
								January	16, 2012	Martin Luther King Jr. Day (School System Closed)	
								January	17, 2012	Third Quarter Begins	19
FEBRUARY	1	2	3	4	5	6	7	February	14, 2012	Mid Third Quarter	
	8	9	10	11	12	13	14				
	15	16	17	18	19	20	21	February	17, 2012	Professional Learning/Work Day (Students Out All Day)	
	22	23	24	25	26	27	28				
	29	30						February	20, 2012	Presidents' Day (School System Closed)	19
MARCH	1	2	3	4	5	6	7	March	16, 2012	End of Third Quarter (42 Days)	
	8	9	10	11	12	13	14				
	15	16	17	18	19	20	21	March	19-23, 2012	Spring Break	
	22	23	24	25	26	27	28				
	29	30	31					March	23, 2012	School System Closed	
								March	26, 2012	Fourth Quarter Begins	17
APRIL	1	2	3	4	5	6	7	April	20, 2012	Professional Learning/Work Half-Day AM (Students Out All Day)	
	8	9	10	11	12	13	14				
	15	16	17	18	19	20	21	April	20, 2012	Inclement Weather Make Up Day (use only if 3 days are missed)	
	22	23	24	25	26	27	28				
	29	30						April	24, 2012	Mid Fourth Quarter	20
MAY	1	2	3	4	5	6	7	May	28, 2012	Memorial Day (School System Closed)	
	8	9	10	11	12	13	14				
	15	16	17	18	19	20	21	June	1, 2012	End of Fourth Quarter (42 Days)	
	22	23	24	25	26	27	28				
	29	30	31					June	1, 2012	End of Second Semester (84 Days)	
								June	1, 2012	Last Day of School (2 Hour Early Release for Students)	
										Last Day Could Be as Early as May 23	17
JUNE	1	2	3	4	5	6	7				
	8	9	10	11	12	13	14				
	15	16	17	18	19	20	21				
	22	23	24	25	26	27	28				
	29	30	31								

2011-2012 Nutrition Services Information

Mission Statement: To provide nutritious meals which meet the needs of the student's academic and physical well-being.

Meal Prices for SECONDARY Students

Breakfast Reduced Price \$.30 Breakfast Full Price \$1.10 Lunch Reduced Price \$.40 Lunch Full Price \$2.50

Payment Options

***CHECKS** – Please make checks payable to **Springfield Public Schools**. Please ensure that your check has your phone number on it and include your students name and ID # in the memo section. You may use the *Meal Pay Plus website to monitor your child's balance and activity without a fee if you send money to school. You will just need to set-up an account with your child's ID number. See Information below.

***MEAL PAY PLUS** – This is an on-line pre-payment option which accepts MasterCard and Visa credit cards or you may pay by electronic debit from your checking or savings account. Money applied to your account is usually available within 24 hours. You can set up your account at springfieldpublicschoolsno.org, then go to *Nutrition Services, *Payment Options, *Step by Step Account Set-up OR *Meal Pay Plus Website. You will need your Student/Staff ID to complete account set-up. There is a FAQ section that explains adding additional students, low balance notification, the difference between meal/general/bonus accounts and purchase history. **Meal Pay Plus** charges a 4.75 % fee per on-line payment transaction for this convenience. You may add money to multiple students accounts during one transaction.

***FREE & REDUCED MEAL INFORMATION** – Applications for free/reduced meals will be mailed to every household. In addition **you will have the option of filling out and submitting an application on-line after Aug. 15th**. This is a much faster option for enrolled students with an average response time of 48 hours. Just go to springfieldpublicschoolsno.org, *Nutrition Services (in the left column), and then click the link for the **Free/Reduced applications**. If you need further assistance please contact either Jeff Barnes at 523-1104 / jbarnes@spsmail.org or Joyce Lancaster at 523-1101 jlancaster@spsmail.org.

What is a Meal?

Springfield Public Schools follow the guidelines established by the USDA for school lunches using the offer vs. serve system. This allows children more food choices.

Secondary Breakfast – MUST include a minimum of 3 of the 4 following Choices:

- *1-Breakfast entrée
- *1-Toast / Potato
- *1-Fruit / Juice
- *1-Milk

Middle School Lunch - MUST include *1 Entrée Choice and a minimum of 2 of the following:

- *1-Vegetable Choice
- *1-Fruit Choice
- *1-Salad / Bonus
- *1-Milk

(*Student may also choose 1 of each item for a total of 5 Items)

*Middle School Lunch Entrée Options Include: Hot Entrée Choice, Pizza, Deli Sub, Garden Fresh Salad

High School Lunch - MUST include *1 Entrée Choice and a minimum of 2 of the following:

- *1-Vegetable Choice
- *1-Fruit Choice or Juice Carton
- *1-Salad / Bonus
- *1-Milk

(*Student may also choose 1 of each item for a total of 5 Items)

*High School Lunch Entrée Options Include Items from: "The Main Course", "The Deli", "The Grill", "The Pizzeria", "The Greens" & "The Tortilla".

* **Did you know...** If your child is eligible for Free/Reduced Lunch they are ALSO eligible for Free/Reduced Breakfast! Make sure your child starts their day off right with a good breakfast.

Ala Carte Items

In addition to our meal options above we do offer our Secondary Students ala carte items like yogurt, fresh fruits, specialty salads, wraps and bottled drinks that range in price from \$.25 to \$2.50. This is where pricing can become confusing for our incoming 6th & 9th graders. We do post pricing for all items and want to make this transition as easy as possible for everyone. Monthly menus are located at springfieldpublicschoolsno.org.

Contacts:	Wanita Watts	523-1108	wwatts@spsmail.org	Director of Nutrition Service
	Gayle Byrd	523-1116	gbyrd@spsmail.org	Asst. Director of Nutrition Services
	Phil Broyles	523-1103	pbroyles@spsmail.org	Asst. Director of Nutrition Services
	Kim Goddard	523-1110	kgoddard@spsmail.org	Asst. Director of Nutrition Services
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